

# HISTORIC DOWNTOWN MANITOU SPRINGS BUSINESS

- APPAREL**  
**6412' Shirt Company #47**  
 732 Manitou Ave | 719-685-2488 | C4  
**Belle Boheme #27**  
 801 Manitou Ave | 719-636-2626 | C4  
**Flying Eagle #86**  
 946 Manitou Ave | 719-685-5221 | B2  
**Kill Your Culture #65**  
 123 Cañon Ave | 719-645-8138 | B3  
**Le Grande Accents Boutique #28**  
 743 Manitou Ave | 719-685-5779 | C4  
**Lunieva #57**  
 106 Cañon Ave | 719-505-8331 | B4  
**Mountain High Sportswear #91**  
 958 Manitou Ave | 719-645-9861 | B2  
**The Mountain Man #7**  
 1001 Manitou Ave | 719-685-1458 | B1  
**Mountains West #76**  
 920 Manitou Ave | 719-685-9006 | B3  
**Piramide Clothing Company #31**  
 735 Manitou Ave | 719-685-5912 | C4  
**Twin Bears Embroidery #54**  
 4 Cañon Ave | 719-685-1360 | C4
- ART & GALLERIES**  
**Commonwheel Artists Co-op #56**  
 102 Cañon Ave | 719-685-1008 | B4  
**Darpino Studio Gallery #81**  
 934 Manitou Ave | 719-339-9788 | B3  
**Green Horse Gallery #33**  
 729 Manitou Ave | 719-685-0636 | C4  
**Mountain High Gallery & Gifts #78**  
 11 Arcade | 719-685-5396 | B3
- HEALTH & BODY**  
**Anna's Apothecary #62**  
 116 Cañon Ave | 719-685-2260 | B4  
**Aurathentic #40**  
 702 Manitou Ave | 719-719-2872 | C5  
**Colorado Bath & Body #53**  
 744 Manitou Ave | 719-203-9665 | C4  
**Manitou Chiropractic & Naturopath #61**  
 114 Cañon Ave | 719-685-1155 | B4  
**Salus #72**  
 906 Manitou Ave #105 | 719-685-1121 | B3
- JEWELRY**  
**Barefoot Jewelry #49b**  
 738 Manitou Ave | 719-434-2398 | C4  
**Lane Mitchell Jewelers #30**  
 737 Manitou Ave | 719-685-2441 | C4  
**Osburn's Gift Shop #11**  
 951 Manitou Ave | 719-685-9614 | B2
- The Vault #66**  
 814 Manitou Ave | 719-358-0070 | C3
- KIDS OF ALL AGES**  
**C.K. Comics & Collectibles #36**  
 719 Manitou Ave | C5  
**E-Bike Tours & Rental #69**  
 906 Manitou Ave #102 | 719-246-2675  
**Penny Arcade & Amusements #77**  
 4 Arcade | 719-685-9815 | B3  
**Theo's Toys #83**  
 934 Manitou Ave #103 | 719-247-8126 | B3
- RESTAURANTS AND TAVERN**  
**Armadillo Ranch #92**  
 962 Manitou Ave | 719-374-5580 | B2  
**Norbu's Himalayan Hut #21**  
 915 Manitou Ave | 719-354-4732 | B3  
**Border Burger Bar #85**  
 934 Manitou Ave #102 | 719-685-3287 | B3  
**The Cliff House/Red Mountain Bar & Grill #64**  
 306 Cañon Ave | 719-685-3000 | A3  
**Colorado Custard Company #67**  
 906 Manitou Ave #100 | 719-246-9722 | B3  
**Manitou Winery #84**  
 934 Manitou Ave #108 | 719-685-1030 | B3  
**El Taco Loco #93**  
 964 Manitou Ave | 719-400-6001 | B2  
**Hell's Kitchen Pizza #8**  
 9 Ruxton Ave | 719-685-4355 | B1  
**The Keg Bar & Grill #46**  
 730 Manitou Ave | 719-685-9531 | C4  
**Kinfolks #88**  
 950 Manitou Ave | 719-418-6180 | B2  
**Loft Espresso #59**  
 110A Cañon Ave. | 719-373-0582 | B4  
**The Loop #10**  
 965 Manitou Ave | 719-685-9344 | B2  
**Manitou Brewing Company #35**  
 725 Manitou Ave | 719-282-7709 | C4  
**The Maté Factor #94**  
 966 Manitou Ave | 719-685-3235 | B2  
**Mona Lisa Fondue Restaurant #32**  
 733 Manitou Ave | 719-685-0277 | C4  
**Patsy's of Manitou Springs #80**  
 930 Manitou Ave | 719-685-9437 | B3  
**Persephone Grae's Cafe #24**  
 819 Manitou Ave | 719-755-4215 | C3  
**Red Dog Coffee #29**  
 739 Manitou Ave | 719-313-9080 | C4  
**Rocky Mountain Beignets #43**  
 724 Manitou Ave | 225-435-4369 | C5
- Royal Tavern #79**  
 924 Manitou Ave | 719-685-9916 | B3  
**Sahara Cafe #90**  
 954 Manitou Ave | 719-685-2303 | B2  
**Swirl Wine Bar #37**  
 717 Manitou Ave | 719-685-2294 | C5  
**Toasted #41**  
 718 Manitou Ave | 719-820-0021 | C5  
**Townhouse Sports Grill #22**  
 907 Manitou Ave | 719-685-1085 | B3
- SERVICES**  
**Allen Realty #58**  
 108 Cañon Ave | 719-685-0707 | B4  
**Homes of Manitou #39**  
 713 Manitou Ave | 719-685-1212 | C5  
**Manitou Springs Real Estate #34**  
 727 Manitou Ave | 719-685-0220 | C4
- SPECIALTY FOOD STORES**  
**Beef Jerky Experience #17**  
 935 Manitou Ave A | 970-368-6186 | B3  
**Candy Bar #50**  
 740 Manitou Ave | 719-344-8481 | C4  
**Goldminers Nuts & Candy #60**  
 110B Cañon Ave | 719-685-5302 | B4  
**Manitou Springs House of Jerky #38**  
 715 Manitou Ave | 570-205-9289 | C5  
**Manitou Springs House of Jerky 2 #73**  
 906 Manitou Ave | B3  
**The Olive Tap #70**  
 906 Manitou Ave #103 | 719-358-9329 | B3  
**Patsy's Chocolates & Gift Shop #80**  
 930 Manitou Ave | 719-685-9437 | B3  
**Pikes Peak Chocolate #26**  
 805 Manitou Ave | 719-685-9600 | C4  
**Totally Nuts #20**  
 919 Manitou Ave | 719-306-9035 | B3
- SPECIALTY GIFTS & SOUVENIRS**  
**Bear Cave Imports #74**  
 906 Manitou Ave #107 | 719-634-5400 | B3  
**Boulder Nepal #48**  
 734 Manitou Ave | 303-440-6677 | C4  
**The Cauldron #9**  
 1 Ruxton Ave | 719-418-5192 | B1  
**Christmas in Manitou Gift Shop #44**  
 726 Manitou Ave | 719-685-4290 | C5  
**D'Colores Folk Art & Apparel #16**  
 935 Manitou Ave B | 719-465-1095 | B2  
**Flowers and the Moon #5**  
 10 Ruxton Ave | 719-419-7913 | B1
- Gigi's Animal Lovers' Gift Shop #45**  
 728 Manitou Ave | 719-685-4772 | C5  
**Glass Blowers of Manitou #55**  
 8 Cañon Ave | 719-685-1555 | C4  
**The Hemp Store #6**  
 2 Ruxton Ave | 719-309-8131 | B1  
**La Tienda #19**  
 921 Manitou Ave | 719-216-7929 | B3  
**Land of Ozz #3**  
 14 Ruxton Ave | 719-216-8764 | B1  
**The Leprechaun Shoppe #14**  
 943 Manitou Ave | 719-685-9213 | B2  
**Manitou Outpost #25**  
 807 Manitou Ave | 719-685-5026 | C3  
**Mountainside Skate Shop #28b**  
 741 Manitou Ave | 719-685-9980 | C4  
**Mushroom Monday Gifts #15**  
 937 Manitou Ave | 719-685-1142 | B2  
**Olde Tyme Photography #23**  
 903 Manitou Ave | 719-685-9718 | C3  
**Orenda #2**  
 16 Ruxton Ave | B1  
**Ruxton's Trading Post #1**  
 22 Ruxton Ave | 719-685-9024 | B1  
**Santa Fe Springs #87**  
 948 Manitou Ave | 719-685-0175 | B2  
**Sasquatch Sign Company #52**  
 742A Manitou Ave | 719-344-9235 | C3  
**Skye Candle Co #12**  
 949 Manitou Ave | 719-481-6574 | B2  
**Smoking Gift Headquarters #75**  
 918 Manitou Ave | 719-368-7276 | B3  
**Southwest Silver Company #13**  
 947 Manitou Ave | 719-685-9462 | B2  
**The Ten Spot #71**  
 906 Manitou Ave #104 | 719-685-1545 | B3  
**Vacant #4**  
 12 Ruxton Ave | B1  
**Vacant #42**  
 720 Manitou Ave | C5  
**Vacant #49a**  
 736 Manitou Ave | 719-685-1299 | C4  
**Vacant #68**  
 906 Manitou Ave #101 | 719-375-5161 | B3  
**Vacant #82**  
 934 Manitou Ave #105 | B3  
**Vacant #89**  
 952 Manitou Ave | 719-685-9197 | B2

**JANUARY**  
The Great Fruitcake Toss

**FEBRUARY**  
Mumbo Jumbo Gumbo Cookoff  
Carnivale Parade  
Carniball

**MARCH**  
Easter Activities

**JUNE**  
Manitou Springs Colorado Wine Festival  
Broadmoor Pikes Peak Int. Hill Climb  
Pride Fest

**JULY**  
Ice Cream Social & Pie Baking Contest

**AUGUST**  
ManiPalooza  
Heritage Brew Festival  
Water Festival



**FREE MAP, COUPONS & LOCAL EVENTS**

**SEPTEMBER**  
Commonwheel Arts & Crafts Festival  
Clayfest  
Pikes Peak Ascent & Marathon

**OCTOBER**  
Emma Crawford Coffin Races & Parade  
Halloween High Tea  
Ghost Tours

**NOVEMBER**  
Victorian Christmas

**DECEMBER**  
Santa at Town Clock  
Holiday Entertainment  
New Year's Eve Adaman Fireworks

**SEASONAL EVENTS**  
Summer Concert Series (June-August)  
Library Lawn Concerts (June-July)  
First Friday Art Walk (April-December)  
Moonlight Market (July-September)

354 Manitou Ave.

manitousprings.org

719-685-5089

**PARKING & FREE SHUTTLES**

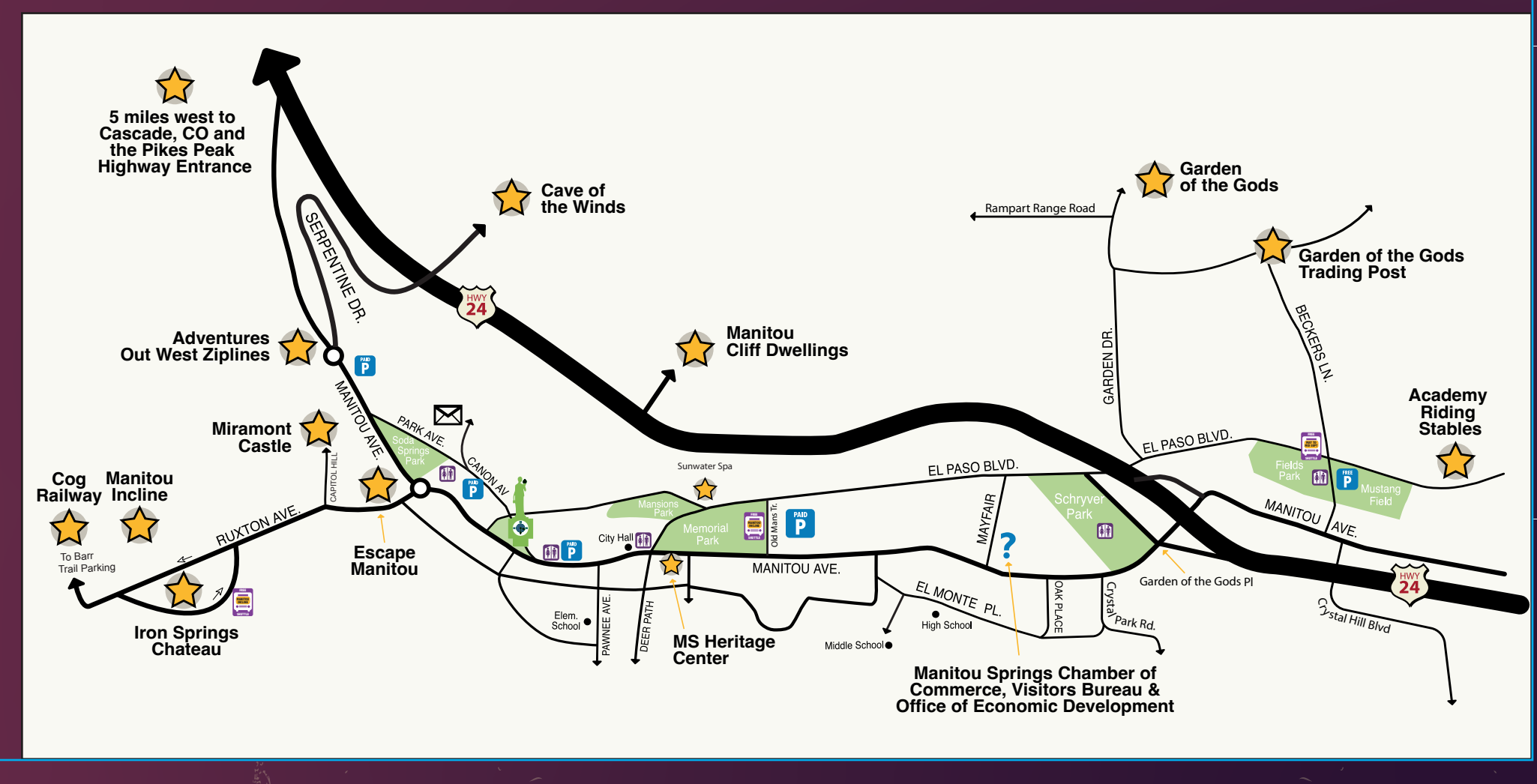
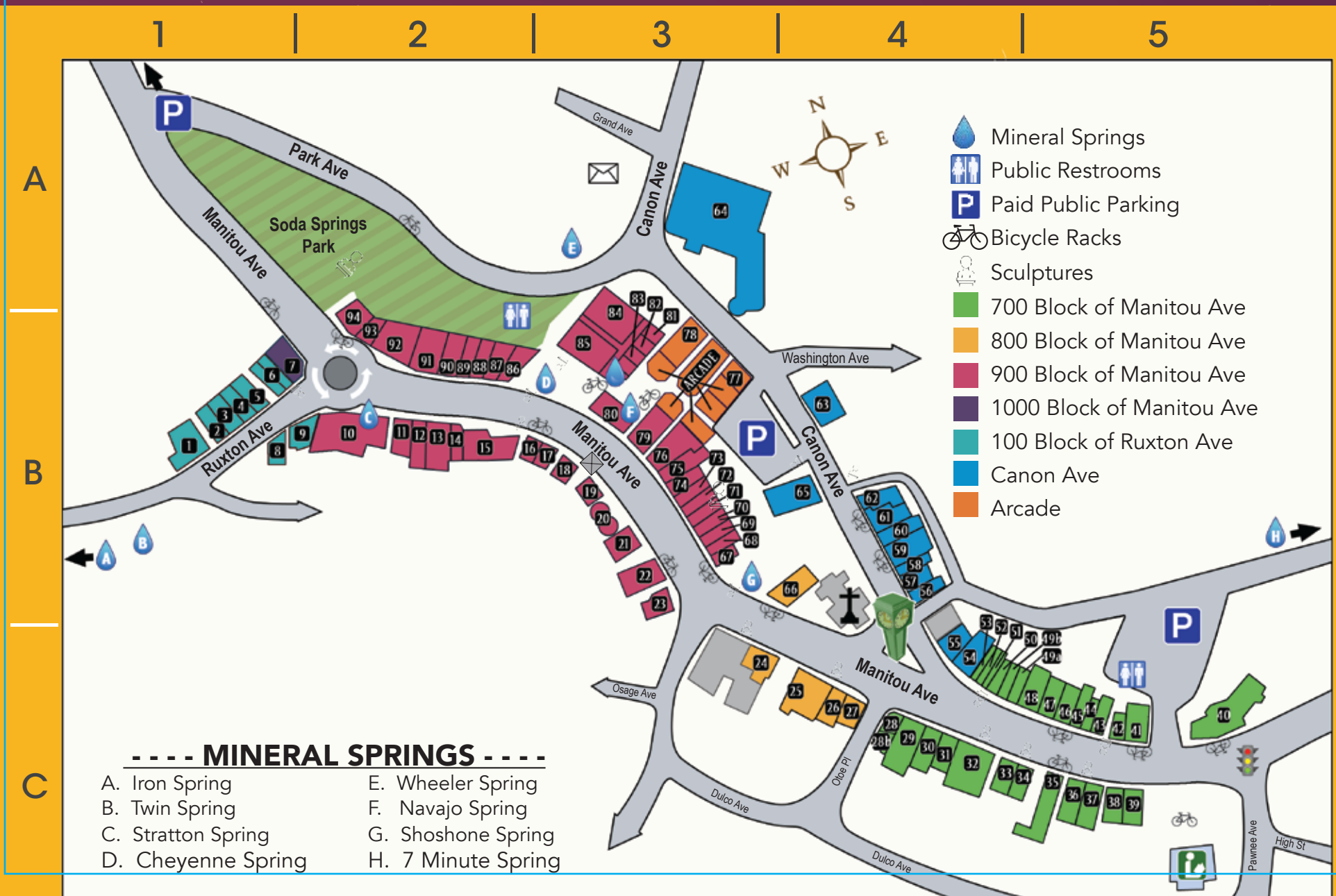
When in Manitou Springs, park at 10 Old Mans Trail and take the free shuttle to downtown, enjoy shopping and dining or access the Incline and Barr Trail. The 33 shuttle runs every 20 minutes, the 36 is seasonal, and there is an option to connect to other Mountain Metro Transit routes for further transportation options. Call 719-685-5089 for more information.

**HISTORICAL MINERAL SPRINGS TOURS**

Manitou Springs features eight carbonated mineral springs with varied flavors, found throughout the historic district. Visitors can explore and enjoy these unique waters any time. At the Manitou Springs Chamber of Commerce, pick up cups for tasting, maps, and detailed charts of each spring's mineral content. This attraction is exclusive, don't miss out.

**STAY & PLAY IN HISTORIC MANITOU SPRINGS**

Experience the best of Manitou Springs and the Pikes Peak region year round by choosing from a variety of lodging, including cabins, hotels, campgrounds, RV parks, and vacation rentals. Manitou caters to every family's needs. For more information on lodging options come by the Visitors Center at 354 Manitou Avenue, call (719) 685-5089, or visit manitousprings.org.



**What the FUN!**  
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Spices

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**MOUNTAIN HIGH SPORTSWEAR**

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**cannaboutique**  
[kan-uh boo-tee'k] (noun)

1. a shop where a relaxed lifestyle meets exceptional service  
2. a place to feel comfortable, not intimidated

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**Downtown Manitou's Largest Store**

Over 5000 sq. ft. of Colorado Souvenirs, Art and Jewelry!

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Save \$10 on purchases over \$100

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**\$2.00 OFF Adult or .50c OFF Child.**

5 miles west of I-25 on Hwy. 24  
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719-685-5242

Limit 4 people per coupon. Not good with other discounts.

**The Loop**

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# Garden of the Gods Trading Post



## Filled with the Wonders of Nature

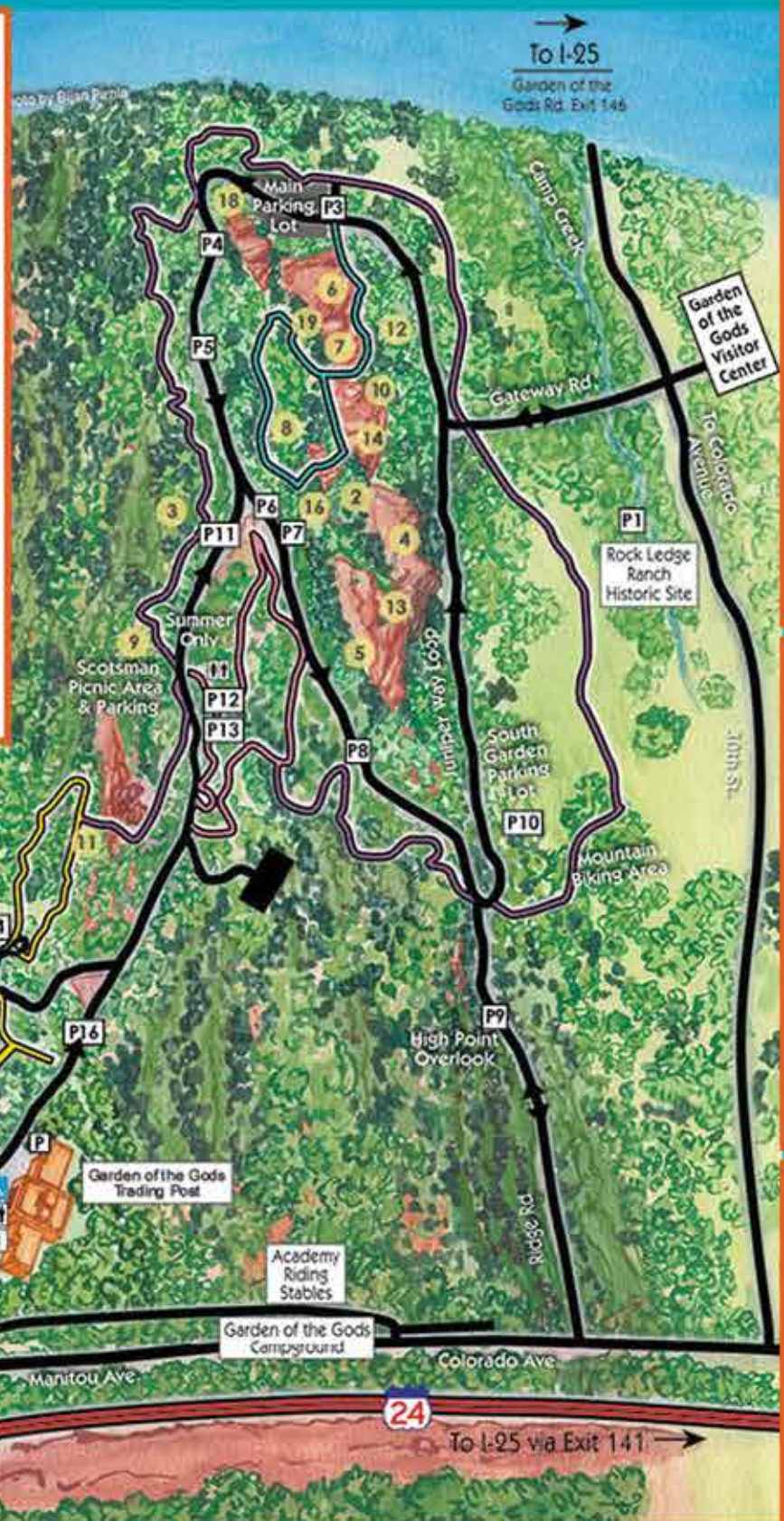
The Garden of the Gods was dedicated in 1909 and is a free city park. An abundance of plant and animal life can be found throughout its 1,350 acres, as well as the magnificent red sandstone rock formations. Many of these are over 300 million years old and were sculpted through time by erosion. In 1879, Charles Perkins, president of the Chicago Burlington Quincy Railroad, purchased much of the land now known as the Garden of the Gods. After his death, at his request, his family gave the land to the City of Colorado Springs to be used as a park. The stipulations included that it be known as Garden of the Gods and it would remain free to all visitors.

## Colorado's Oldest & Largest - Welcoming visitors for over 100 years

The historic Garden of the Gods Trading Post is located at the southwest edge of the Garden of the Gods and is a stone's throw from the famous Balanced Rock. Browse through an array of gifts, souvenirs, and art. Enjoy lunch at the Balanced Rock Cafe. Try a world famous buffalo burger, grilled chicken club sandwich, or one of their delicious handmade wraps. The Trading Post is sure to make this trip one you'll never forget.

## Hiking Trails

- Siamese Twins / Balanced Rock Trail**  
Gradual 3/4 mile loop beginning from the Trading Post or Spring Canyon Trailhead. An approximate 150 foot vertical rise will take you to the famous Siamese Twins rock formation.
- Scotsman / Buckskin Charlie Trails**  
Challenging 1 mile loop trail originating from the Scotsman Picnic area. This rolling and rocky trail provides excellent views of the Central Garden from a distance.
- Perkins Central Garden Trail**  
Family friendly 1 1/2 mile paved loop originating from the Main Parking Lot. This trail is handicap accessible and has less than a 30 foot vertical gain. Winding through the largest rock formations, this loop provides many photo opportunities.
- Chambers / Bretag / Palmer Trail**  
Challenging 3 mile trail originating from the South Parking Lot. This rocky trail nearly circles the entire park and provides excellent views of many of the park's rocks.



## Famous Rock Formations

1. Balanced Rock
2. Cathedral Spires
3. Giant Footprints
4. Gray Rock
5. Keyhole Window
6. Kissing Camels
7. North Gateway Rock
8. Pulpit Rock
9. Scotsman
10. Sentinel Rock
11. Siamese Twins
12. Signature Rock
13. Sleeping Giant
14. South Gateway Rock
15. Steamboat Rock
16. Three Graces
17. Toad & Toadstool Rock
18. Tower of Babel
19. White Rock

## Directions

The best way to get to the Garden of the Gods and the Garden of the Gods Trading Post is to take the US 24/ Cimarron Exit (141) off of I-25. Head west on Highway 24 to the Manitou Ave. exit. Exit the freeway and keep to the right and follow the signs to Garden of the Gods. The Trading Post is located just past Balanced Rock.

## Rock Climbing

Technical climbers are required to register at the Visitors Center. Technical climbing is permitted in groups of two or more with proper climbing equipment. Non technical climbing is illegal.

## Park Preservation

The Garden of the Gods is a unique and fragile environment with more than 1 million visitors per year. Please stay on marked trails, take only pictures, and leave only memories.

## Mountain Biking

Mountain biking is allowed off road only in the designated area beginning from the South Garden Parking Lot. Please stay on the marked trails.

**Garden of the Gods Trading Post**  
324 Beckers Lane, Manitou Springs, CO 80829

www.gardenofthegodstradingpost.com  
1-800-874-4515 | 719-685-9045

